Characteristics for African American participants randomized to follow one of three USDG dietary patterns who participated in focus groups discussion (n = 42).

Characteristics	
Age (years), median (range)	52 (26-65)
Sex, n (%)	
Male	7 (17)
Female	35 (83)
Diet Group, n (%)	
Healthy US	16 (38)
Mediterranean	17 (41)
Vegetarian	9 (21)
Body mass index (BMI), mean ± SD	36 (6)
Education, n (%)	
Some college	3 (7)
College graduate	20 (48)
Advanced degree	19 (45)
Primary Occupation, n (%)	

Technical, sales, administrative	7 (17)
Professional specialty	11 (26)
Executive, managerial	7 (17)
Service Occupation	2 (5)
Retired	8 (19)
Other	6 (14)
No current employment	1 (2)
Marital status, n (%)	
Single	9 (21)
Married	22 (52)
Living with partner	1 (2)
Divorced/Separated	10 (24)